





210 Oak Grove Avenue Menlo Park, CA 94025 tel: (650) 323-7914 fax: (650) 323-3231 www.nativitymenlo.org

# The Church of the Nativity

**MASSES** 

**Sundays** 08:00, 09:30, 11:30 AM and 05:00 PM **Saturdays** 08:00 AM and 05:00 PM (Vigil)

Weekdays 07:30 AM and 05:30 PM

**Holy Days** 07:30 AM, 05:30 and 07:30 PM

### SACRAMENT OF RECONCILIATION

**Saturdays** 10:00 AM - 12:00 PM (Opus Dei priest)

03:30 PM - 04:30 PM (parish priest)

(also by appointment)

**BAPTISMS** 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> Sundays of the month (contact rectory 2 months in advance)

**WEDDINGS** Saturdays 11:00 AM and 02:00 PM (contact rectory at least 6 months in advance)

### **PASTOR**

Rev. Msgr. Steven D. Otellini

PAROCHIAL VICAR

Rev. Mark G. Mazza

### PERMANENT DEACONS

Rev. Mr. Dominick Peloso Rev. Mr. Thomas Kelly

WEEKEND ASSISTANTS

Rev. Paul Maillet, P.S.S.

Rev. Gladstone Stevens, P.S.S.

### SCHOOL OF RELIGIOUS EDUCATION

Mrs. Monica Hickam • (650) 853-1009

#### 24-HOUR EUCHARISTIC ADORATION

Mrs. Mary Ellen Peloso • (650) 269-7794





### **FIRST READING**

But the serpent said to the woman: "You certainly will not die!"

GENESIS 2: 7-9; 3: 1-7

### **RESPONSORIAL PSALM**

A clean heart create for me, O God, and a steadfast spirit renew within me.

PSALMS 51

### **SECOND READING**

Through the disobedience of the one man the many were made sinners.

ROMANS 5: 12-19

#### GOSPEL

Then the devil left Him and, behold, angels came and ministered to Him.

MATTHEW 4: 1-11



# THE FIRST SUNDAY OF LENT

### 05 MARCH 2017

Jesus answered him, "Again it is written, 'You shall not put the Lord, your God, to the test'.

**MATTHEW 4:7** 

### CALENDAR

## SCHEDULE OF MASSES AND INTENTIONS

WEEK OF **05 - 11 MAR** 

05:00 PM	Priest's intentions
Masses	Priest's intentions
07:30 AM 05:30 PM	† Alfred and Mary Araujo Bill Widmer
07:30 AM 05:30 PM	<ul> <li>† Ambrose Mainini</li> <li>† Terrence Meagher;</li> <li>† Ben Banks;</li> <li>† Milagros de la Concha;</li> <li>† Jane Janetos</li> </ul>
07:30 AM 05:30 PM	† Anthony Zele † Willi Helbig
07:30 AM 05:30 PM	Rhonette Verbo The Zappettini family
07:30 AM 05:30 PM	Alfred and Lori Araujo Judy Woods
08:00 AM	Chris and Mark Andrews;  † Lore Araujo;  † Felisa de la Rosa;  † Doris West
	Masses 07:30 AM 05:30 PM 07:30 AM 05:30 PM 07:30 AM 05:30 PM 07:30 AM 05:30 PM

Please pray for those in need of physical or spiritual healing

**ABSTINENCE:** Everyone fourteen years of age and older is bound to abstain from meat on **ASH WEDNESDAY**, the **FRIDAYS** of Lent and **GOOD FRIDAY**.

**FAST:** Everyone eighteen years of age and older, but under the age of sixty, is also bound to fast on **ASH WEDNESDAY** and **GOOD FRIDAY**.

On these two days, the law of fast allows only one full meal a day, but does not prohibit taking some food during the day, so long as this does not constitute another full meal. Drinking liquids during the day is permitted. When health or ability to work would be seriously affected, the law does not oblige.

SUN	07:00 PM	Holy Hour for Priests
MON-FRI	07:10 AM	Morning Prayer
MON-FRI	05:10 PM	Evening Prayer
TUE	06:00 PM	Cenacles of Life Rosary
THU	06:00 PM	Perpetual Help Novena
SAT	06:15 AM	Men's Prayer Group
SAT	07:40 AM	Morning Prayer
SAT	10:00 AM -	Confessions
	12:00 PM	(Opus Dei priest)
SAT	03:30 PM -	Confessions
	04:30 PM	(parish priest)
05 MAR	(Sunday)	
06 MAR	(Monday)	
	07:30 PM	Legion of Mary
	07:30 PM	RCIA
	07:30 PM	St. Vincent de Paul Society
07 MAR	(Tuesday)	
• • • • • • • • • • • • • • • • • • • •	09:30 AM	Bible Study
	07:30 PM	Bible Study
	08:00 PM	H <sup>4</sup>
08 MAR		
UO IVIAR	(Wednesday) 07:00 PM	Confirmation Class
		Commination Class
09 MAR	(Thursday)	
	09:30 AM	Opus Dei Women's Group
	11:00 PM	The Thursday Group
	07:00 PM	ICF #351 Dinner and Meeting
10 MAR	(Friday)	Lenten Friday
	09:30 AM	Nativity Moms' Group
	06:00 PM	Stations of the Cross
11 MAR	(Saturday)	
	10:00 AM	Confirmation Retreat

	Parish Offerings	
	WEEK OF	
	18-19 FEB	
-	ΓΟΤΑL: \$10,741	

### SAINTS AND OBSERVANCES

SOLEMNITY, FEAST, MEMORIAL · OPTIONAL MEMORIAL · OTHER

### 07 MAR (Tuesday):

### **SAINT PERPETUA and SAINT FELICITY, Martyrs** (d. 203)

**Perpetua** was a noble woman of Carthage, and **Felicity** was her slave. While still catechumens they were arrested during the persecution of Christians under Emperor Septimus Severus and imprisoned in a private home where they were baptized. They were sentenced to death in a public amphitheater. When wild beasts failed to kill them, the women were killed by the sword.

### 08 MAR (Wednesday): SAINT JOHN OF GOD (1495-1550)

Spanish soldier who converted from a dissolute life to give solace to the sick and homeless, for which he was much criticized. While

rescuing patients from a burning hospital, he fell through the burning roof but emerged unscathed. He is known as the patron of firefighters. The **Brothers Hospitallers** (now a worldwide religious organization) were founded by his followers 20 years after John's death.



### 09 MAR (Thursday):

### **SAINT FRANCES OF ROME (1384-1440)**

An aristocrat by birth, she became a Benedictine and Foundress of the *Oblates of the Tor de'Specchi (Collatines)*. She spent her life and fortune, both as a laywoman and religious, in the service of the sick and poor. She is said to have been guided by an archangel that only she could see.

On her feast day, priests bless cars due to her patronage of cars and drivers. Though Frances certainly never drove, legend says that when she went abroad at night, her guardian angel went before her lighting the road with a headlight-like lantern, keeping her safe in her travels.



### MINISTRY AND GROUP NEWS

#### **PRO-LIFE MEETING**

**San Mateo Pro-Life** will meet on Thursday, 09 MAR 2017 at 07:30 PM in the Worner Center of St. Gregory parish, 138 28th Ave, San Mateo (cross street Hacienda)

Discussing:

- Current: Mustard Seed; Legislative update
- Pro-life movie "40" to be shown! This movie has received multiple awards and is 62 minutes long.

Let's defend all people from conception to natural death.

All are welcome; for more information, call **Jessica** at **650/572-1468**.

### **EUCHARISTIC ADORATION**



Nativity Church is open 24x7. The Blessed Sacrament is exposed for adoration and there is always someone present in prayer. Won't you join us by signing up for a weekly Holy Hour? When you sign up, you and your intentions share in the grace of everyone who comes to visit. Come and experience the dramatic presence of God in our lives. Please consider the following hours as there is no one currently assigned to them (or pick an hour that works for you):

Sunday: 10:00 PM
Tuesday: 04:00 AM

Saturday: 09:00 AM

Thank you in advance for your generosity. The God who is not outdone in generosity will certainly bless you and your intentions. Call **Mary Ellen Peloso** (650/269-7794) to sign up.

### **NATIVITY MOMS GROUP**

All moms are invited to join the **Nativity Moms' Group**. Our next meeting will be **Friday**, **10 MAR 2017** from **09:30-11:00 AM** in the **O'Hare Center**. Come meet other moms, share the joys and challenges of motherhood, and pray a rosary for our families! Refreshments will be provided. If you have little ones at home, please bring them along. Contact **Christine Semler** at **650/594-4637** or **Monica Hendricks** at **650/367-4944** for more information.

### **NATIVITY MENS CLUB CIOPPINO DINNER**

Please join Monsignor Otellini, The Nativity Men's Club, and your fellow parishioners on 11 MAR 2017 for an evening of great food, great music and great times! Executive Chef Moises Sikaffy promises an extraordinary dining experience and the phenomenal recording artists The Bell Brothers will provide the entertainment. Dinner includes crab cioppino, pasta, salad, sourdough bread, dessert, 2 glasses of wine or non-alcoholic beverage. All proceeds benefit Nativity School initiatives including: the 8th Grade Class trip to Yosemite, technology upgrades on the school campus, and faculty appreciation gifts. Cost is \$50/person. Drop off your

reservation at the Nativity School office or the parish office. If you have any questions contact **Josh McClenahan** at **650/281-1339** or nativitymc@gmail.com.

Pregnant? Need Help? Please contact the Juan Diego Society (408/258-2008), the Gabriel Project (800/910-0191), or San Juan Diego Centro por la Vida at St. Francis (650/322-2152).

You have never strayed too far for the Father's forgiveness and grace.

### ANNOUNCEMENTS

#### **OUR PARISH FAMILY**

Please keep all of our newest members in your prayers, as well as those who have preceded us to the Father.

**BAPTISMS** • Chiara Lee, daughter of Nathan Squires and Julia Munn

**MARRIAGES** 

**PARISHIONERS** 

**DEATHS** • Agnes Tuite

#### **NEW ALTAR SERVER TRAINING**

Fr. Mark Mazza will begin training of new altar servers with an important first meeting on Thursday, 16 MAR 2017 from 03:15-04:15 PM in the 5th Grade classroom of Nativity School. Four practice sessions will be on Thursdays from 03:15-04:15 PM. on 23 MAR, 30 MAR, 06 APR and 27 APR 2017. Applications and the training schedule are available in the vestibule of the Church and in the parish office. Please return the applications to Fr. Mazza before 16 MAR 2017.

### SPECIAL COLLECTION: NATIVITY FEEDS ~THE VOICE

"You have not lived today until you have done something for someone who can never repay you." Mother Teresa emphasizes the Gospel focus on giving and she reminds us to "Give, but give until it hurts". Using their voices to help others, Alexander and Luke Edward Harding Bradley, Nativity's young cantors, supported by the parishioners of Nativity Parish, set up a feeding program in Tanzania in 2015 called Nativity Feeds. The region where the feeding program is based has one of the highest levels of poverty in the world. Our work brings

beans and corn to 525 young students aged 8-13 daily; without this they would not eat during school hours.



We would like to add more children to this food program, extend it to cover school vacations and add daily nutrient and fresh vegetables to their diet. It is a long and hard road for these students Please help us by giving to our collection at the Masses on 18-19 MAR 2017. Contributions may also be left at the parish office. Because the funding for this program has been raised by young people for the benefit of young people, every cent is guaranteed to go directly to feeding those students.

> Thank you for supporting us in being a Voice for Others. ALEXANDER AND LUKE EDWARD

### In The Community

### LEARN ABOUT CONTEMPORARY RELIGIOUS LIFE

The Sisters of Notre Dame de Namur, the Sisters of Mercy in Burlingame, and the Mission of San Jose Dominicans invite Catholic women, ages 18-35, to learn more about the life of contemporary religious on Saturday, 11 MAR 2017. The program will include a panel of sisters from each congregation who will speak of their own call to religious life and invite participants



to ask questions. Following the panel there will be a hosted lunch and an opportunity for conversation with the speakers. Registration is at 11:00 AM at the Province Center for the Sisters of Notre Dame de Namur, on the campus of Notre Dame de Namur **University** in Belmont. For more information please call **Sr. Annette Burkart** at **408/390-7184**.

#### **BEST. LENT. EVER.**

We all know the things that make us happy, but we don't always do them. Lent is an opportunity to change that. Don't give up chocolate for Lent! This year we invite you to do something different. Join Dynamic Catholic for the Best Lent Ever, a free email program designed to help you have a life-changing Lent. Based on Matthew Kelly's latest book, Resisting Happiness, this year's program will help you identify what stands between you and happiness, and what to do about it. Beginning Ash Wednesday, 01 MAR 2017, participants will receive a daily email with practical tips, a short inspirational video from Matthew Kelly, and personal reflections from Dynamic Catholic team members. To sign up go to bestlentever.com.

### Dynamic Catholic

### **CATHOLIC CHARITIES: LENTEN ACTIVITIES**

"Do Justice, Love Kindness, Walk Humbly"

We invite you to join Catholic Charities to experience Lent in these concrete ways:

- Tour one of our programs to grow in awareness about the needs in our community
- Share your time by becoming a volunteer
- Make a difference by donating to those in need.

Visit our website <a href="https://catholiccharitiessf.org/all-opportunities/">https://catholiccharitiessf.org/all-opportunities/</a> to sign up for a Lenten opportunity, or for more information please contact Diana Contreras, Volunteer Manager at 415/972-1227 or volunteer@catholiccharitiessf.org.

### PERSONAL PLANNING SEMINARS

The Office of Development announces its Spring series of personal planning seminars. Topics at these seminars include endof-life bioethical decisions, funeral and burial planning, and estate planning. When it comes to these topics, many people do not know where to begin. Because of this, a great number of people die without having had the opportunity to make funeral and estate plans. And when it comes to making good ethical decisions about medical care, many people just don't know where to receive good advice. All parishioners are welcome to attend any workshop. The workshops are free, but please register to attend. For reservations or information, contact Fr. Anthony Giampietro at 415/614-5580 or development@sfarch.org.

The workshops will be held:

• Saturday, 01 APR 2017 10:00-11:30 AM at St. Hilary Church 761 Hilary Dr., Tiburon.

### FROM THE HOLY SEE

THE HOLY FATHER'S PRAYER INTENTIONS

Each month **His Holiness** asks for prayer intentions. For **March 2017**, the Holy Father's prayer intentions are:

**Intention:** Support for Persecuted Christians

That persecuted Christians may be supported by the prayers and material help of the whole Church.

#### **BOOKLET: PRAYING THE ROSARY FOR THE WORLD**

The Praying the Rosary for the World: God's Power is in our Hands When We Pray the Rosary booklet was compiled by the Cloistered Dominican Nuns of Corpus Christi Monastery in Menlo Park. It includes a prayer for each mystery of the Rosary, and a special intention for each "Hail Mary" related to the mystery



being said. Using this booklet while saying the Rosary will not only be helpful to you, but also for the world. You may purchase these booklets in the parish office during regular office hours, Monday-Friday, 09:00 AM-04:00 PM. The booklets are \$2.00 apiece. All money will go directly to Corpus Christi Monastery.



### Help save lives in San Mateo!

During this Lent,

(Ash) Wednesday, March 1, to (Palm) Sunday, April 9, 2017 7am - 7pm daily

40 Days for Life will be held at:

Planned Parenthood, 35 Baywood Ave, San Mateo

### Please join us!

40 Days for Life is a nationwide, peaceful, prayerful, life-saving effort to compassionately share the love of Christ with women who are facing an unplanned pregnancy.

Visit: www.40daysforlife.com/sanmateo

Email: themunns@yahoo.com Phone: 650-572-1468

### **CALENDAR OF NOVENAE**

05 MAR (SUN)	
06 MAR (MON)	
07 MAR (TUE)	
08 MAR (WED)	FIRST Day: St. Patrick
09 MAR (THU)	SECOND Day: St. Patrick
10 MAR (FRI)	THIRD Day: St. Patrick FIRST Day: St. Joseph
11 MAR (SAT)	FOURTH Day: St. Patrick SECOND Day: St. Joseph
12 MAR (SUN)	FIFTH Day: St. Patrick SECOND Day: St. Joseph
13 MAR (MON)	SIXTH Day: St. Patrick FOURTH Day: St. Joseph
14 MAR (TUE)	SEVENTH Day: St. Patrick FIFTH Day: St. Joseph
15 MAR (WED)	EIGHTH Day: St. Patrick SIXTH Day: St. Joseph
16 MAR (THU)	NINTH Day: St. Patrick SEVENTH Day: St. Joseph
17 MAR (FRI)	Feast of Saint Patrick EIGHTH Day: St. Joseph SECOND Day: The Annunciation
18 MAR (SAT)	NINTH Day: St. Joseph THIRD Day: The Annunciation

### FIND THE NOVENA PRAYERS

**Saint Patrick:** 

www.catholicdoors.com/prayers/novenas/p00057.htm

Saint Joseph:

 $\underline{www.ewtn.com/Devotionals/novena/joseph.htm}$ 

**The Annunciation:** 

www.ewtn.com/Devotionals/Novena/annovena.htm

### **OTHER NOVENA PRAYERS**

**Infant Jesus of Prague (nine-hour):** 

www.ewtn.com/library/PRAYER/PRAGNOV.TXT

St. Therese "24 Glory Be's" Novena:

www.ewtn.com/Devotionals/novena/24\_glory.htm

**Novena for Priests:** 

www.ewtn.com/Devotionals/novena/priests.htm

Effecacious Novena to the Sacred Heart of Jesus:
www.ewtn.com/devotionals/heart/sh\_novena.htm

### **MEALS ON WHEELS VOLUNTEERS NEEDED**

Peninsula Volunteers Meals on Wheels is urgently looking for volunteers to help deliver hot meals prepared by Peninsula Volunteers to a growing group of homebound seniors. The delivery routes are in San Mateo County from Daly City to Menlo Park and East Palo Alto, Monday through Friday, from about 10:00 AM-01:00 PM, once a week, or you can be on call. It requires a minimum of a six-month commitment, a car, valid driver's license, proof of insurance, and a background and DMV check. Contact Victoria Cormack at <a href="mailto:vcormack@penvol.org">vcormack@penvol.org</a> or 650/272-5108 with questions.

Peninsula Volunteers, Inc. Meals on Wheels, 800 Middle Avenue, Menlo Park.

## Young Believers

#### **GESTURES AND POSTURES OF THE CONGREGATION**

The vocabulary of ritual gestures Catholics make during worship is quite clearly endangered — as has happened with other unwritten languages. As there are relatively few explicit rules (and even these are often not followed), little uniformity of practice, and considerable confusion, here is a sort of "dictionary" of (many of the most important) ritual gestures, their meaning and grammar, in order to maintain our historic language of ritual worship:

- Make the **Sign of the Cross** with holy water (a sign of baptism) upon entering the church.
- Genuflect toward the tabernacle containing the Blessed Sacrament and the Altar of Sacrifice before entering the pew
- Stand for the entrance procession, and bow when the crucifix, a visible sign of Christ's sacrifice, passes you in the procession.
- Strike your breast at the "mea culpa" ("through my fault") in the Confiteor.
- Bow your head when you say "Lord(/Christ), have mercy" during the Kyrie.
- Throughout the Mass, bow your head at every mention of the name of Jesus and every time the Doxology ("Glory be") is spoken or sung; also when asking the Lord to receive our prayer.
- During the Gloria, bow your head at the name of Jesus.
- When the priest announces the Gospel, trace a cross with the thumb on head, lips and heart. This gesture is a form of prayer for the presence of the Word of God in one's mind, upon one's lips, and in one's heart.
- During the Creed, stand, bow your head at the name of Jesus, and bow during the *Incarnatus* ("by the Holy Spirit ... and became man"); on the Solemnities of Christmas and the Annunciation, all genuflect at this moment.
- At the moment of Consecration of each element, bow your head and say silently "My Lord and my God", acknowledging the Presence of Christ on the altar.
- Reverently fold your hands and bow your head as you pray the *Our Father* (not holding hands with others or with arms outstretched). Do not elevate arms at the words "For the kingdom..."
- In reciting (or singing) the *Agnus Dei*, strike the breast at the words "*Have mercy on us*".
- Bow your head and strike your breast as you say "Lord, I am not worthy...".
- If there is a Rite of Sprinkling (*Asperges*), make the **Sign of the Cross** when the priest sprinkles water from the aspergillum in your direction.
- Make the **Sign of the Cross** at the conclusion of the Creed at the words "I believe in the resurrection of the dead and the life of the world to come. Amen."
- For the reception of Communion, leave your pew (without genuflecting) and walk reverently toward the altar with hands folded in prayer.
- Make a gesture of reverence as you approach the priest in procession to receive Communion.
- If you also receive from the chalice, make the same gesture of reverence when you approach the minister to receive.
- Make the **Sign of the Cross** after you have received Communion.

- Kneel in prayer when you return to your pew after Communion, until the priest sits down or says "Let us pray" (GIRM 160 American adaptation says "stand, sit or kneel")
- Make the **Sign of the Cross** at the final blessing, when the priest invokes the Trinity.
- Remain standing until all ministers have processed out (if there is a recessional, bow in reverence to the crucifix as it passes by).
- If there is a recessional hymn, remain standing in your pew until it is over; if there is no hymn, remain in your pew until all the ministers have exited the main body of the church.
- Genuflect reverently toward the Blessed Sacrament and Altar of Sacrifice as you leave your pew; exit the church in silence.
- Make the **Sign of the Cross** with holy water as you leave the church, a reminder of your baptismal obligation to carry Christ's Gospel into the world.

#### LENTEN, HOLY WEEK and EASTER SERVICES **01 MAR** (Wednesday) Ash Wednesday 07:30 AM Holy Sacrifice of the Mass 09:00 AM Nativity School Mass 05:30 PM Holy Sacrifice of the Mass 07:30 PM Holy Sacrifice of the Mass **Fridays** 06:00 PM Stations of the Cross **10 APR** (Monday) Communal Penance Service: 07:00 PM St. Raymond Church (1100 Santa Cruz Ave, Menlo Park) **13 APR** (Thursday) Maundy Thursday 06:30 PM Holy Sacrifice of the Mass (one Mass only) **14 APR** Good Friday (Friday) 12:00 PM Stations of the Cross 12:30 PM -Reflections 02:00 PM (Fr. Gregory Heidenblut, OSA) 02:00 PM Celebration of the Lord's Passion 07:00 PM Stations of the Cross **15 APR** (Saturday) Holy Saturday 10:00 AM -Reconciliation 12:00 PM 02:00 PM -Reconciliation 04:00 PM 08:00 PM Easter Vigil (no other Masses) **16 APR** (Sunday) Easter Sunday 08:00 AM Holy Sacrifice of the Mass 09:30 AM Holy Sacrifice of the Mass 11:30 AM Holy Sacrifice of the Mass (no **05:00 PM** Mass) **17 APR** (Monday) 09:00 AM Holy Sacrifice of the Mass (one Mass only)